

## 50 Motivational Bible Verses About Aging Gracefully

God's Word provides infinite encouragement, inspiration, and wisdom on how to age gracefully. I pray that these Bible verses encourage, challenge, and inspire you. May God bless you in your Golden years!

### OLD TESTAMENT BIBLE VERSES

"He shall be to you a restorer of life and a nourisher of your old age" (Ruth 4:15).

"Wisdom is with the aged, and understanding in length of days" (Job 12:12).

"Gray hair is a crown of glory; it is gained in a righteous life" (Proverbs 16:31).

"I said, 'Let days speak, and many years teach wisdom.' But it is the spirit in man, the breath of the Almighty, that makes him understand" (Job 32:7-8).

"My flesh and my heart may fail, but God is the strength of my heart and my portion forever" (Psalm 73:26).

"The glory of young men is their strength, but the splendor of old men is their gray hair" (Proverbs 20:29).

"The righteous flourish like the palm tree and grow like the cedars of Lebanon. They are planted in the house of the Lord; they flourish in the courts of our God. They still bear fruit in old age; they are ever full of sap and green, to declare that the Lord is upright; He is my rock, and there is no unrighteousness in Him" (Psalm 92:12-15).

"So teach us to number our days that we may get a heart of wisdom" (Psalm 90:12).

"Do not cast me off in the time of old age; forsake me not when my strength is spent. But I will hope continually and will praise You yet more and more" (Psalm 71:9, 14).

"With long life I will satisfy him and show him My salvation" (Psalm 91:16).

"He gives power to the faint, and to him who has no might He increases strength" (Isaiah 40:29).

"[The Lord] redeems your life from the pit, who crowns you with steadfast love and mercy, who satisfies you with good so that your youth is renewed like the eagle's" (Psalm 103:4-5).

"You shall not mistreat any widow or fatherless child" (Exodus 22:22).

"You shall walk in all the way that the Lord your God has commanded you, that you may live, and that it may go well with you, and that you may live long in the land that you shall possess" (Deuteronomy 5:33).

"That this is God, our God forever and ever. He will guide us forever" (Psalm 48:14).

"Remember the days of old; consider the years of many generations; ask your father, and he will show you, your elders, and they will tell you" (Deuteronomy 32:7).

"Cast your burden on the Lord, and He will sustain you; He will never permit the righteous to be moved" (Psalm 55:22).

"Moses was 120 years old when he died. His eye was undimmed, and his vigor unabated" (Deuteronomy 34:7).

"These are the days of the years of Abraham's life, 175 years. Abraham breathed his last and died in a good old age, an old man and full of years, and was gathered to his people" (Genesis 25:7-8).

"He will tend His flock like a shepherd; He will gather the lambs in His arms; He will carry them in His bosom" (Isaiah 40:11).

“Young men and maidens together, old men and children! Let them praise the name of the Lord, for His name alone is exalted; His majesty is above earth and heaven” (Psalm 148:12-13).

“God is our refuge and strength, a very present help in trouble. Therefore we will not fear though the earth gives way, though the mountains be moved into the heart of the sea, though its waters roar and foam, though the mountains tremble at its swelling” (Psalm 46:1-3).

“Listen to your father who gave you life, and do not despise your mother when she is old” (Proverbs 23:22).

“But they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint” (Isaiah 40:31).

“Even to your old age I am He, and to gray hairs I will carry you. I have made, and I will bear; I will carry and will save” (Isaiah 46:4).

“Honor your father and your mother, as the Lord your God commanded you, that your days may be long, and that it may go well with you in the land that the Lord your God is giving you” (Deuteronomy 5:16).

“You shall stand up before the gray head and honor the face of an old man, and you shall fear your God: I am the Lord” (Leviticus 19:32).

“Grandchildren are the crown of the aged, and the glory of children is their fathers” (Proverbs 17:6).

“So even to old age and gray hairs, O God, do not forsake me, until I proclaim Your might to another generation, Your power to all those to come. Your righteousness, O God, reaches the high heavens. You who have done great things, O God, who is like You?” (Psalm 71:18-19).

“As for you, you shall go to your fathers in peace; you shall be buried in a good old age” (Genesis 15:15).

“Now Abraham was old, well advanced in years. And the Lord had blessed Abraham in all things” (Genesis 24:1).

### NEW TESTAMENT BIBLE VERSES

“For nothing will be impossible with God” (Luke 1:37).

“Honor widows who are truly widows. But if a widow has children or grandchildren, let them first learn to show godliness to their own household and to make some return to their parents, for this is appealing in the sight of God” (1 Timothy 5:3-4).

“For God so loved the world, that He gave His only Son, that whoever believes in Him should not perish but have eternal life” (John 3:16).

“Do not rebuke an older man but encourage him as you would a father, younger men as brothers, older women as mothers, younger women as sisters, in all purity” (1 Timothy 5:1-2).

“I have said these things to you, that in Me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world” (John 16:33).

“Children, obey your parents in the Lord, for this is right. ‘Honor your father and mother’ (this is the first commandment with a promise), ‘that it may go well with you and that you may live long in the land’” (Ephesians 6:1-3).

“Let the elders who rule well be considered worthy of double honor, especially those who labor in preaching and teaching” (1 Timothy 5:17).

“So that you are not lacking in any gift, as you wait for the revealing of our Lord Jesus Christ, who will sustain you to the end, guiltless in the day of our Lord Jesus Christ. God is faithful, by whom you were called into the fellowship of his Son, Jesus Christ our Lord” (1 Corinthians 1:7-9).

“Therefore I intend always to remind you of these qualities, though you know them and are established in the truth that you have. I think it right, as long as I am in this body, to stir you up by way of reminder, since I know that the putting off of my body will be soon, as our Lord Jesus Christ made clear to me. And I will make every effort so that after my departure you may be able at any time to recall these things” (2 Peter 1:12-15).

“For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison” (2 Corinthians 4:17).

“Yet you do not know what tomorrow will bring. What is your life? For you are a mist that appears for a little time and then vanishes. Instead, you ought to say, ‘If the Lord wills, we will live and do this or that’” (James 4:14-15).

“But if anyone does not provide for his relatives, and especially for members of his household, he has denied the faith and is worse than an unbeliever” (1 Timothy 5:8).

“I have fought the good fight, I have finished the race, I have kept the faith. Henceforth there is laid up for me the crown of righteousness, which the Lord, the righteous judge, will award to me on that Day, and not only to me but also to all who have loved His appearing” (2 Timothy 4:7-8).

“And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ” (Philippians 1:6).

“So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day.” (2 Corinthians 4:16).

“Likewise, you who are younger, be subject to the elders. Clothe yourselves, all of you, with humility toward one another, for God opposes the proud but gives grace to the humble” (1 Peter 5:5).

“Older men are to be sober-minded, dignified, self-controlled, sound in faith, in love, and in steadfastness. Older women likewise are to be reverent in behavior, not slanderers or slaves with too much wine. They are to teach what is good, and so train the young women to love their husbands and children, to be self-controlled, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled” (Titus 2:2-5).

“Peace I leave with you; My peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid” (John 14:27).

“Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God” (Hebrews 13:16).