

## 25 Simple Prayers of Hope, Trust, and Peace

### Prayer for the Broken-Hearted

Lord, my heart is broken. My spirit is crushed. Remind me every second that You are near. You are my only Rescuer. Revive me with Your words of hope to soothe my soul. I feel faint, but You breathe life into my weariness. You alone are my Helper and Sustainer. I am weak but You are infinitely strong. As I mourn, bless me and my loved ones with all that we need. Thank You for rescuing me simply because You delight in me.

*In Jesus' Name, Amen.*

### Prayer for Children

Lord, I place my children in Your care and protection once again today. I cannot go everywhere my children go, but You can. Please protect them. Guard them against all evil and harm. Increase my wisdom on how to parent well by teaching them about You. Give me Your peace that You only want the best for my children because You love them so much more than me.

*In Jesus' Name, Amen.*

### Prayer for Confidence

Lord, apart from You I can accomplish nothing. You are my refuge, strength, and shield. Enable me to let go of any fear of failure. Fear is a weapon of Satan, so please forgive me for my lack of faith. Lift my eyes off of my frail ego so that I can live with bold confidence in You alone.

*In Jesus' Name, Amen.*

### Prayer for Diligent Work

Lord, You made us for work but some days I find motivation hard. I ask for Your forgiveness. Work is a blessing from You to develop skills, grow in understanding, and learn new skills that I can apply in service to You. Change my thought processes, Lord! Help me embrace work as a blessing, not a curse.

*In Jesus' Name, Amen.*

### Prayer for God's Guidance

Lord, You see the entire universe and know all things. What comfort! Give me the wisdom to lean not on my own understanding. Help me acknowledge You in everything so that You alone direct my thoughts, words, and actions.

*In Jesus' Name, Amen.*

### Prayer for God's Strength

Lord, Your majesty and greatness are boundless. You promise that when I am weak, you are strong. Such comfort! When conflicting thoughts and schedules keep me from spending dedicated time with you each day, help me find that quiet place to connect with You. Equip me with your strength so that in You I am a victor, not a victim. Help me honor you with my thoughts, words, and deeds.

*In Jesus' Name, Amen.*

### Prayer of Gratitude

Lord, some days I am a professional complainer. And I am so very sorry. Through Your power, change my thoughts from negativity to gratitude. Help me remember all that You have done for me! You sent Your only Son to die in my place. There are not enough words of thanks and praise! Gratitude needs to be my first thought, not an afterthought. When things don't go my way, help me remember that Your way is what matters most. I want to see Your hand in every second of every day. You are always on the job.

*In Jesus' Name, Amen.*

### Prayer for Growing Faith

Lord, help me remember that this life of faith You give is a lifelong journey. Give me the desire and ability to see You in all things and give thanks to You. I ask You to grow my faith exponentially so that I walk by faith

and not by sight. By trust and not by fear. In hope and not in despair. Draw me near to You, Lord. Give me a deeper understanding of Your ways and plan. Forge me into Your instrument to tell others about the hope and salvation that is found in You alone. *In Jesus' Name, Amen.*

### Prayer for a Heavy Heart

Lord, my heart weighs heavy today. I can't breathe. If there is a sin that I am unaware of, Lord, identify it so that I can lay it at your feet and ask for forgiveness. Your Word promises that You wash me whiter than snow and I believe You. Uplift my heart and cradle it in Your comforting love. Dispel this burden and take this load from me. I ask that You enable me to make choices that honor You. *In Jesus' Name, Amen.*

### Prayer for Hope and Trust

Lord, sometimes the battles around me rage so hard and heavy that daylight seems obliterated. The enemy advances and seems to have the upper hand. Remind me that You never leave me alone in the battle. You are with me and have given Your children Your indestructible armor of light. Give me hope in that truth! Let me trust You beyond my feelings of aloneness. You faithfully bring victory! Inspire me with that truth today. *In Jesus' Name, Amen.*

### Prayer When Feeling Inadequate

Lord, some days when I look in the mirror, I only see all that is wrong. Please forgive me. You made me in Your image and only beauty is found there. Help me see myself as a priceless gift shaped by the Master Craftsman. In You, I am always enough. You give me worth beyond measure. Help me abide and operate in that truth every single day. *In Jesus' Name, Amen.*

### Prayer for Loving Like Jesus

Lord, thank You so much for loving me unconditionally. I ask for Your forgiveness when I fail to love others in the same way. Our culture is so divisive, so give me the eyes to see past differences. Help me see the needs of every person who crosses my path, and show me how to meet those needs in a way that pleases You. *In Jesus' Name, Amen.*

### Prayer for Mission Work

Lord, Your Word reveals that the fields are ripe for harvest but the workers are few. Whether at home, in my community, or halfway around the world, remind me that I am Your hands and feet. Thank you for such a privilege. Make clear to me the mission field that You have placed in front of me. Give me the eyes to see their needs and how to meet them in You. Most of all, grant me the courage to tell them about the life-altering, redemptive work of Jesus Christ for them. *In Jesus' Name, Amen.*

### Prayer for Peace

Lord, my heart is troubled with chaos and confusion. It feels as if I'm drowning and fear surrounds me inside and out. I desperately need the hope and peace that comes from You. Nothing else will do. Give me focus and strength to rest in You. You are my strong tower and refuge in every storm. *In Jesus' Name, Amen.*

### Prayer for Perseverance

Lord, today is flat-out hard. Give me Your wisdom and strength to move beyond these hurdles. Only You grant the stamina and perseverance to run toward You. In your strength, I can do all things! *In Jesus' Name, Amen.*

### Prayer for Positive Self-Talk

Lord, my mind is filled with negative and harmful words about myself. Such negativity does not come from You. I ask for Your forgiveness. Transform my thoughts to see myself as beautifully and wonderfully made

by You. Help me understand how miraculously You made me – Your image-bearer. Change my thought pattern to see myself as You see me: Your beautiful child. *In Jesus' Name, Amen.*

### **Prayer for God's Provision**

Lord, the world tries to convince me that I don't have enough. Enough beauty. Enough house. Enough money. Enough! You love me unconditionally and faithfully provide everything I need the second that I need it. If I don't need it now, You don't give it now. Let me see what You have given me: Your unfailing love, abundant blessings, and steadfast goodness. In times of uncertainty, focus my eyes on You and set my feet on Your rock. Thank You for Your written Word that reminds me that Your plan and provision are perfect. Remove my fear and worry and help me look to You for all things. And help me be a good steward of those gifts to shine the light and hope of Jesus. *In Jesus' Name, Amen.*

### **Prayer for Restored Relationships**

Lord, relationships are flat-out hard. Enable me to be a blessing in those special relationships that You have given me. Instead of letting conflict brew, give me the strength to extend the same forgiveness that You extend to me. Instead of letting anger bubble over, enable me to operate in Your patience and kindness. I ask You to help me love others as You love. Give me the strength in relationships to be a bridge instead of a match. *In Jesus' Name, Amen.*

### **Prayer for Taming the Tongue**

Lord, unkind words often tumble out before I can stop them. I repent wholeheartedly. Forgive me, Lord. My tongue gets ahead of my mind and heart and I utter thoughtless things. For the times that I have spoken in anger or in gossip, remove the power of those words from those who hear them. Please help me to pause and see the person in front of me through Your eyes before I speak. Check my heart and help me speak words that uplift and encourage. Let love, peace, and kindness be the first words I utter. *In Jesus' Name, Amen.*

### **Prayer for Thankfulness**

Lord, when yet another thing goes wrong, it's hard to find even one thing to be thankful for. Open my eyes to see the gifts You have given me this day. This life. Breath to speak hope. This moment to bask in Your presence. Thank you for sending Jesus to live the perfect life I couldn't and take my place on the cross. Put today in that perspective, Lord. Help me live each day knowing that He came to earth to be the way so that I can spend all eternity with You. *In Jesus' Name, Amen.*

### **Prayer for When You Feel Unworthy**

Lord, before You laid the foundations of the world, You saw my whole life. In Your perfect timing, you knit me together in my mother's womb. You know every hair on my head. You chose me in Christ as holy and dearly loved. When I am tempted to compare my worth with the world's measuring stick, remind me that Your measurements of my worth are all that matter. Open my eyes to recognize Satan's lies about me and refute them with Your truth instead. *In Jesus' Name, Amen.*

### **Prayer for Worry**

Lord, in such a time of change and contention, I am tempted to give in to worry. Lift my eyes from the polarizing arguments to focus wholly on You. I ask Your forgiveness for caving into fear when You already know that all things work out for my good and Your glory. Keep me in Your Word to equip my heart, mind, and soul to live in hope instead of worry. You are my Hope and Salvation! *In Jesus' Name, Amen.*